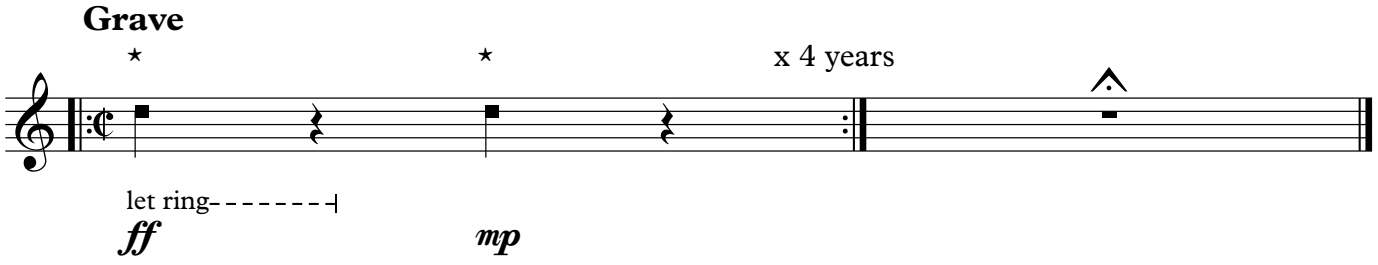
For any instrument or ensemble

A nauseous lament

(ode to an election)

J Mayall



⋆= bash head against instrument